



BISHOP GUILFOYLE CATHOLIC HIGH SCHOOL

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Development Office 814-944-3987 ♦ Athletics Office 814-944-8847 ♦ Business Office 814-944-5226

Summer 2022

Health and Phys Ed (.5)

Personal Finance (.5)

The total cost of this summer credit is \$300 to be paid by June 1st, 2022.

Please make checks payable to: *Bishop Guilfoyle Catholic High School* or call the BG business office to make a credit card payment over the phone (814-944-4014)

For questions regarding billing please contact Kim Irwin (business@bguilfoyle.org)

For questions regarding course content/expectations please contact Mr. Tressler
(atressler@bguilfoyle.org)

For any other questions, please contact Miss Wilsoncroft (twilsoncroft@bguilfoyle.org)

Mr. Alec Tressler.

Email: atressler@bguilfoyle.org

944-4014

11th Grade Summer Health, Physical Education and Personal Finance

Course Overview

The course is designed to meet the Pennsylvania state standards for Health, Physical Education and Personal Finance. Students will spend time completing projects and activities about the three topics. Each week students will have assignments relating to all three topics. The course will last one month from June 1-June 30, all assignments will be due by June 30, 2022, or will be graded as a zero. All assignments will be on canvas and will appear at least one week prior to their due date.

Major Course Objectives

- Principles of Exercise/Physical Activity
- Personal Finance
 - Budgeting
 - Entrepreneurship
 - Check Writing
 - Taxes
- Personal Health Choices related to but not limited to...
 - Physical
 - Mental/Emotional
 - Social
 - Financial
 - Occupational

Textbook, Instructional Materials, Resources

Ipad/Apps (Everfi) Registration code: 01e90e93

Grading

Grading is based on the total points of the following: test, quizzes, homework, and projects. Projects will be assessed based on a teacher developed rubric.

Technology

Ipad will be used per teacher direction and in accordance to school policy. Canvas will be used for homework or make-up assignments.

Online Learning Guidelines

- It is the responsibility of the student to check Canvas, email, and PowerSchool every day. Do not depend on notifications. There is a calendar and a To Do list in Canvas that displays what is due and when.
- Students can expect to have classes using a variety of online sources such as: zoom, conferences, chats, google docs, discussion board, etc. When a teacher utilizes synchronous classes online, students will be expected to show up on time and be a participant in the class.
- The Canvas help guide is located on the Navigation bar for student support.
- Students must log into Canvas through Safari to join a conference. Recorded conferences must be accessed through Google.

- If a student cannot get into a conference, discussion, quiz, test, zoom, or any other learning platform they must email the teacher immediately. Failure to do so will result in a zero. If it is an iPad issue and the student is unable to email from there, use a phone or another device. All tech issues should also be reported to BG Tech right away. Take screen shots of the issue and email them to the teacher and tech. (In the event that a student does not have a cell phone, make sure the teachers are aware of this ahead of time.)
- If you are already in Canvas, waiting on a timed assignment, be sure to click on the refresh button. The assignment may not show up if you do not refresh.
- Preview and double check submissions. Scroll down after submitting an assignment and download it to see what it looks like. If it is not right, fix it. If there are tech issues and you cannot submit, email the completed assignment to the teacher before the deadline to show that it was completed on time. However, grades will not be given on emailed submissions. Students must still submit all assignments to Canvas as soon as the tech issue is resolved. Blank assignments will be graded as a zero. All it takes is a double check to ensure it submitted- take a screen shot if needed.
- Create one document per assignment and scan multiple pages into it. Name the document appropriately. Do not take photos of assignments. Use the scanner within the Notes app. It automatically crops the document.
- Emails to teachers should be respectful and formal. Fill in the subject line, use a proper heading, include the message, and then a closure.
- The consequences for failure to follow the digital guidelines will be based on individual teacher discretion. This information can be found in the syllabus for each class.

During a time when full online learning becomes necessary, students will be expected to:

- follow all school rules, policies and guidelines above pertaining to Online Learning.
- complete weekly independent and synchronous assignments
- submit assignments, both independent and synchronous, on time, in Canvas, unless otherwise directed by Mr. Tressler. **Late work up to 3 days will be credited at 75% loss of 5% each day after.**

Additional Online Learning Information for Mr. Tressler class:

- Assignment submission and file uploads will be restricted to a specific format as directed by Mr. Tressler.
- Email is the best way to contact Mr. Tressler with any online learning questions or concerns.
atressler@bguilfoyle.org

Acknowledgment:

Please sign and return this sheet by (6/3/22)

I have read and understand the course description and student expectations for Mr. Tressler Health and PE class.

Student's Name:

Student Signature:

JUNE 2022 Personal Finance

Sunday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Sign the Syllabus Register for Everfi	4
5 Everfi: Taxes Part 1	6	7	8	9 Entrepreneurship Project	11
12 Everfi: Budgeting Assignment	13	14	15	16 Budgeting Part 1	18
19 Everfi: Taxes Part 2	20	21	22	23 Budgeting Part 2	25
26 Everfi: Banking Basics	27	28	29 Check Writing Project	30	

JUNE 2022 Health and Phys Ed

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				Exercise Log Due Sign the Syllabus		
5	6	7	8	9	10	11
Personal Leadership Assignment Part 1 & 2				Exercise Log Due Personal Leadership Part 3		
12	13	14	15	16	17	18
Nutrition Assignment				Exercise Log Due:		
19	20	21	22	23	24	25
Mental Health Assignment				Exercise Log Due		
26	27	28	29	30		
				Final Exercise Project Due Nutrition Part 5 Due		